



IDENTIFYING AND PREVENTING GENDER-BASED VIOLENCE

Aim of the workshop

The workshop is designed for volunteers of Medical Students' Organizations and students of Medical Schools, including nursing and pharmacy. The workshop is delivered in [please include here the language]. Since the workshop has an applied, interdisciplinary and accessible approach, it is recommended to all students, regardless of the year of study or profile. The aim of the workshop is to give medical students the opportunity to understand gender based-violence as a women's health problem, to discuss cases they will most likely face in the clinic setting, regardless of their future medical specialty.

Trainers

[If used as example, please insert here the names of the trainers]

Indicative workshop details

The workshop is structured in six modules, that will be discussed in three meetings. The modules address different subjects and provide an overview of gender based-violence as a women's health problem, revolving around topics such as: basic concepts, epidemiology of violence, incidence and impact of violence, ways of identifying and communicating with victims, and acknowledging and understanding what/how specialized services work. Each meeting will have a different topic and a maximum duration of 2 hours: half an hour discussing concept and one hour and a half discussion and interactive activities.

The objectives of the workshop

The workshop aims to familiarize the participants with the role of health care professionals in identifying and referring gender-based violence victims. Furthermore, the workshop includes case studies' discussion, examples and role-plays. In addition, participants will receive hand-outs with informational and graphic materials. These meetings are based on the IMPLEMENT and RESPONSE manuals, both available in English, French, German, Romanian, Italian (IMPLEMENT), Bulgarian (IMPLEMENT), Spanish (RESPONSE), as part of projects co-funded by the European Commission, DG JUSTICE.

By the end of the workshop, students will be able to:

- Identify and understand the main types of gender-based violence;
- Identify the risks and consequences of gender-based violence on women's health;
- Understand the importance of identifying and referring victims of gender-based violence to specialized services;
- Acknowledge the role of health care professionals in identifying and preventing gender-based violence;
- Acknowledge the available resources to help victims of gender-based violence;

- Understand and use communication techniques designed for vulnerable patients.

Bibliography

- Maria Rosslhumer, Mathilde Sengolge. May 2015. Training manual on gender-based violence for health professionals (ENG) Available at: <https://bit.ly/2MYTjQa>. [Available in Romanian at: <https://bit.ly/2MbEgxi>
- Johnson Medina, Dulf Diana, Sidor Alexandra. March 2017. Training manual for Reporting of Gender-Based Violence in Women's Health Services, (ENG) Available at: <https://bit.ly/2NxbB3d>. [Available in Romanian at: <https://bit.ly/2FgRZAM>
- Susan Bewley, Jan Welch (ed.). May 2014. ABC of Sexual and Domestic Violence, BMJ Books.

Content

1st Meeting – What is gender-based violence? Consequences of gender-based violence

- Definitions of gender-based violence and identification of the underlying factors that enhance the phenomenon;
- The epidemiology of violence and the role of the culture of violence in spreading various forms of violence;
- The prevalence of sexual and physical violence and the impact on women's and children's health;
- Myths about gender-based violence, interactive exercise.

2nd Meeting – The role of health care professionals in identifying and referring the victims of gender-based violence

- Symptoms, signs and behaviors of gender-based violence: methods of identifying cases with or without visible signs;
- How cases of gender-based violence identified as a result of providing medical services can be documented and recorded;
- Is there a technique of discussing with victims? Techniques of communicating effectively with the patient at risk; Criteria and means of addressing in case of suspicion or identification of a victim;
- Role play game.

3rd Meeting – What are the reference systems and what are their role? The importance of safety planning for the victim

- Explaining the referral systems and the role of specialized women's assistance services: what are they and why are they important;
- What are the steps for safety planning and means of risk assessment; the role of victim protection groups;
- Role Play games / Case Study;
- Evaluation.